

## Sports Day : 23/03/2019



### I Basic Details

Date	Faculty	Department/Committee	Co-ordinator name
23/03/2019	Arts	Education	Dr. Reshma Rodrigues
Time	Venue	Activity for Class/Group with Total Number of Attendees	Nature: Indoor/Outdoor
9:00 am to 10:00am	Campus of St Teresa's Institute of Education	Total – 97	Outdoor
Name & details of Resource Person		Names of Staff Members who supported	Names of Students who Supported
N.A.		Teaching Staff and Non-Teaching staff of St Teresa's Institute of Education	Snehali Pereira Winnieta Romell Sneha Nair

## II Brief Information about the Activity (NAAC Criterion Number)

<b>Topic/Subject of the Activity</b>	Sports
<b>Objectives for conducting Activity</b>	<ul style="list-style-type: none"><li>• To help students maintain their physical fitness and encourage them to participate in different sport activities.</li><li>• To encourage students to organize sports activities in educational institutions.</li></ul>
<b>Methodology</b>	Various sports activities were organized which indoor as well as outdoor sports activities
<b>Outcome</b>	<ul style="list-style-type: none"><li>• Students gained knowledge about teamwork, skill development and character building.</li><li>• Students learnt how to organize sports activities</li></ul>