

Sex Education and Women Related Health Issues: 20/12/2018



I Basic Details:

| Date | Faculty | Department/Committee | Co-ordinator name |
|---|--|---|--|
| 20/12/2018 | Arts | Education | Dr.Joan Lopes Dr. Reshma Rodrigues |
| Time | Venue | Activity for Class/Group with Total Number of Attendees | Nature: Indoor/Outdoor |
| 9:00 am to 11:00 am | St.Teresa's Institute of Education-Multipurpose Hall | 98 students | Indoor |
| Name & details of Resource Person | | Names of Staff Members who supported | Names of Students who Supported |
| Dr. Kinjal Andrade Dr Nidhi Patil Dr Mural DCosta | | Teaching Staff and Non-Teaching staff of St Teresa's Institute of Education | Neha More Niral D'silva Tina Alexandar |

II Brief Information about the Activity (NAAC Criterion Number)

| | |
|---|---|
| Topic/Subject of the Activity | Sex Education and Women Related Health Issues |
| Objectives for conducting Activity | <ul style="list-style-type: none">• To spread awareness of the various mental and physical problems of women.• To give in-depth knowledge on sex education. |
| Methodology | MBBS Doctors team explained the importance of human body and health and provided tips for fitness |
| Outcome | <ul style="list-style-type: none">• Students were made aware of various mental and physical issues faced by women in society.• Students gained knowledge on how to tackle and deal with problems related to the health of women. |