

Personality Development Course : 12/11/2018 to 17/11/2018



I Basic Details

Date	Faculty	Department/ Committee	Co-ordinator name
12/11/2018 to 17/11/2018	Arts	Education	Dr. Giselle D'souza
Time	Venue	Activity for Class/Group with Total Number of Attendees	Nature: Indoor/Outdoor
20 session Personality Development and /Soft Skills course 1 hour per Session	St. Teresa's Institute of Education - Lecture Hall	Organised for the student-teachers of both B.Ed. batches and Faculty Total number of participants - 106	Indoor Certificate Course

Name & details of Resource Person		Names of Staff Members who supported	Names of Students who Supported
Mrs. Ninette D'souza	Assistant Teacher. Canossa High School, Mahim.	Teaching Staff of St Teresa's Institute of Education	98 B.Ed. student teachers of both the B.Ed. batches.
Mrs. Nirmala D'Mello	Human Resource Professional and Life Skill Trainer, Mahim.		
Mr. Rufino D'souza	Certified Financial Planner, Mahim.		

II Brief Information about the Activity

Topic/Subject of the Activity	Personality Development Course
Objectives for conducting Activity	<ul style="list-style-type: none"> • To foster holistic development of student-teachers. • To enhance the skills of head, hand and heart. • To train student-teachers in soft skills • To help student-teachers evolve into confident communicators. • To groom student-teachers into effective personalities
Methodology	<p>The Course consisted of 20 Interactive Sessions of 1 hour duration each. Worksheets were provided and had to be completed within the session. The methodology included the use of Presentations, Games and Simulation. Topics included:</p> <ul style="list-style-type: none"> • What does Personality Development include? • Inputs on Self-development • Grooming and Etiquette • Communication and Presentation skills • Situational and Social leadership • KSA module • Smart choices
Outcome	<ul style="list-style-type: none"> • Confidence, etiquette and charisma was developed in the student-teachers. • They were transformed into effective communicators. • The student-teachers honed qualities of head, hand and heart.