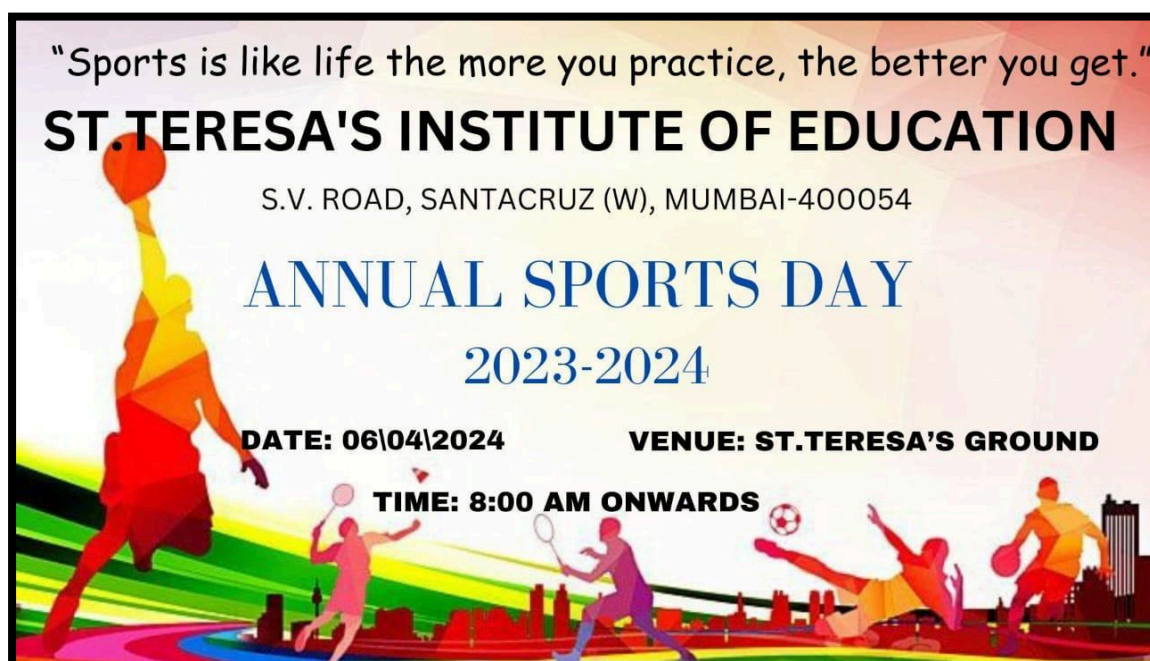


ANNUAL SPORTS DAY: 06/04/2024



I. BASIC DETAILS

Date	Faculty	Department/Committee	Co-ordinator name
6th April 2024	Arts	Education	Dr. Cerena Dcuhna
Time	Venue	Activity for Class/Group with Total Number of Attendees	Nature
8 AM to 10 AM	St.Teresa's Ground	F.Y B.Ed. – 46students	Outdoor
Names of Staff Members who supported			Names of Students who supported
Sr .Cheryl			Chelsy Dcruz, Rhythm Pereira, sualeha Khan, Esha Chaudhary, Caroline Pereira, Sneha Esther

II. BRIEF INFORMATION ABOUT THE ACTIVITY

Topic/Subject of the Activity	ANNUAL SPORTS DAY
Objectives for conducting Activity	<ul style="list-style-type: none"> i. To promote . physical fitness and active lifestyles among students. ii. To opportunities for teacher trainee to learn important life skills. iii. To Promote holistic development by emphasizing the importance of physical, mental, and emotional well-being.
Methodology	<ul style="list-style-type: none"> i. Students were asked to participate in at least three sports activities out of following events: lemon and spoon, potato race, three legged race, Book balance, needle and thread. ii. Students were allowed to register for the sports activity they wish to participate in. iii. Students participated in their chosen events according to the schedule.
Outcome	<ul style="list-style-type: none"> i. All the participants took active part in all the activities. ii. the outcome of the sports day reflected the dedication and commitment of students towards promoting a culture of health, fitness, and excellence within the community.

III. PROOFS ATTACHED

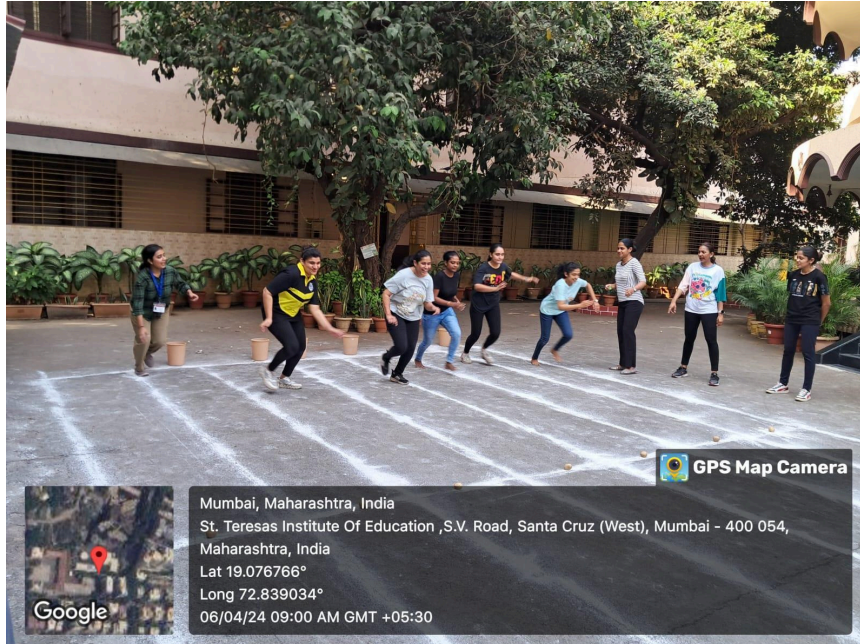
Three legged race :

First	Second	Third
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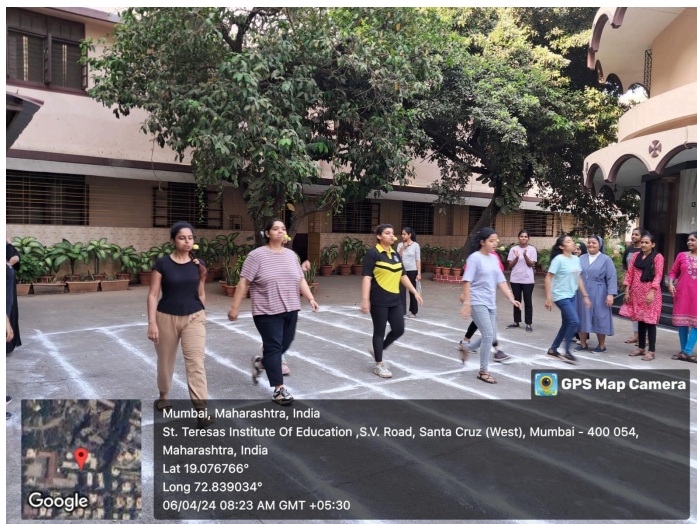
Potato race :

First	Second	Third
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Lemon and Spoon:

First	Second	Third
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Book Balance:

First	Second	Third
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Giselle D'souza

Prof. Dr. Giselle D'souza
Principal In-charge

St. Teresa's Institute of Education
Santacruz West, Mumbai – 400054

