

Value Added Course

COURSE TITLE: Personality Development Course

ACADEMIC YEAR: 2018-19

RATIONALE:

Over emphasis on pedagogical skills and academic credentials of teachers has become a recent trend in our present times. Somewhere down the line, the importance of holistic development and qualities of head-hand and heart have lost focus in the teacher training programme. Keeping in mind the fact that teachers are role models to be emulated by students, it becomes imperative that they exhibit exemplary character, are well groomed, resilient in their approach and above all are well balanced personalities. They also need to be taught how to hone leadership skills so that they may empower the student fraternity they interact with. Building their communication skills and orienting them to a gamut of innovative teaching-learning strategies would give them an extra edge over ordinary teachers. It was with this view in focus that St. Teresa's Institute of Education decided to launch the Personality Development course to train student teachers in a wide arena of skills needed to lead learners of the 21st Century.

COURSE OBJECTIVES:

- To lead student-teachers through a journey of self-discovery
- To train student teachers in personal etiquette and staffroom ethics
- To foster holistic development of student-teachers.
- To enhance the skills of head, hand and heart.
- To train student-teachers in soft skills.
- To help student-teachers evolve into confident communicators.
- To help student-teachers build leadership skills.
- To orient student-teachers to the new trends in knowledge, skills and attitudes needed to become successful teachers.
- To groom student-teachers into effective personalities.

COURSE OUTCOMES:

On completion of this course student-teachers will be able to:

- ✓ Develop a positive self-concept and high self-esteem
- ✓ Speak with confidence, clarity and conviction.
- ✓ Be transformed into effective communicators
- ✓ Hone qualities of head, hand and heart.
- ✓ Be efficient in the use of innovative teaching strategies so as to make learning interactive and interesting.
- ✓ Become empowered leaders who can be agents of change.
- ✓ Acquire a change in mind-set, through the inculcation of right attitudes and skills to enhance their teaching-learning transactions.

- ✓ Evolve into well balanced all rounded personalities.
- ✓ Adopt a resilient approach in their career as teachers.

COURSE FRAMEWORK:

- ✓ 5 Training Sessions of 4 hours each.
- ✓ EACH Session will comprise of 1 Module.
- ✓ EACH Module will comprise of a theme related to Personality Development.
- ✓ EACH Module will consist of 3 hours (0.3 credits) of inputs through lecture /presentation and one hour (0.1 credit) allotted to participation of students in different activities conducted during that session.
- ✓ Sessions would be conducted using PPT, games, and the like, so space would be anecessity.
- ✓ Worksheets if any will be provided and completed within the session.
- ✓ Sessions would be conducted using PPT, games, and the like, so space would be anecessity.
- ✓ 0.1 Credit will be assigned per hour.
- ✓ Thus the course will be of 20 hours duration and 2 credits.

MODE OF INSTRUCTION:

- ✓ Face to Face Interaction

MEDIUM OF INSTRUCTION:

- ✓ English

PROPOSED TARGET AUDIENCE:

- ✓ Semester I and Semester III B.Ed. Students

COURSE CO-ORDINATOR:

- ✓ Dr. Giselle D'souza, Associate Professor, St. Teresa's Institute of Education, Santacruz West, Mumbai.

COURSE INSTRUCTORS:

- ✓ Mrs Ninette D'souza, Assistant teacher, Canossa Convent High School, Mahim
- ✓ Mrs. Nirmala D'mello, Human Resources Professional

We intend to conduct this course for our student-teachers at St. Teresa's Institute of Education and thus seek your approval as the CDC members.

Members Present

Sr. No	Name of the Members	Designation	Signature
1	Fr. Frazer Mascarenhas	Local Member : Education Field	<i>Frazer Mascarenhas</i>
2	Mr. Francis Athaide	Local Member : Industry Field	<i>F. Athaide</i>
3	Ms. Medha Lotlikar	Local Member : Alumnus	
4	Dr. Sr. Tanuja Waghmare	Principal of the College	<i>Dr. Tanuja</i>
5	Dr. Giselle D'souza	Head of the Dept. nominated by Head of the Institution	<i>Giselle</i>
6	Dr. Sheela Philip	IQAC Cordinator	<i>Sheela Philip</i>
7	Dr. Joan Lopes	Teachers Elected	<i>Joan</i>
8	Dr. Cindrella D'Mello		<i>Cindrella D'Mello</i>
9	Dr. Cerena D'Cunha		<i>Cerena</i>
10	Ms. Tina Alexander	Secretary of the Student Council (G.S)	<i>Tina</i>
11	Mrs Colleen M. Fernandes	Non-teaching staff Elected	<i>Fernandes</i>